



Come and run the all
new, multi-terrain



Grant & Stone Wycombe 10K

SUNDAY 10th JULY 2016: 9.30 a.m.

WYCOMBE WANDERERS FC, ADAMS PARK, HIGH WYCOMBE, BUCKS

(Permit Number ARC 16/140)

A chip timed race, giving gun times for all finishers, staged over an undulating, multi-terrain course. Please note, this course is not considered suitable for wheelchair competitors.

RACE NUMBERS MUST BE COLLECTED FROM RACE HEADQUARTERS ON THE DAY.

Prizes for: **Male categories:** 1st, 2nd, 3rd open; 1st & 2nd vet 40; 1st vet 50; 1st vet 60 & 1st vet 70
Female categories: 1st, 2nd, 3rd open; 1st & 2nd vet 40; 1st vet 50; 1st vet 60 & 1st vet 70
Teams: 1st Male & Female A.C; 1st Company and 1st Sports & Social (3 to score)

NO TEAM ENTRIES ACCEPTED ON THE DAY & NO FINISHER IS ELIGIBLE TO WIN MORE THAN ONE PRIZE

Commemorative Medal, T Shirt & Goody Bag to all finishers.

Full results will be available at www.handycrossrunners.co.uk as soon as possible after the race

Entry Fees:	£ 18	Non Affiliated	Minimum Age:	15 Years
	£ 16	*Affiliated	Entry Limit:	2000
	£ 25	On the Day	Closing Date	8 th July 2016 (will be extended if required)

Cheques should be made payable to **Handy Cross Runners** & sent with your entry form to:
Handy Cross Runners, c/o 2 Lines Road, Lane End, High Wycombe, Bucks, HP14 3LH
Alternatively enter online via Sports System and Runners World.

Applications will not be acknowledged

For confirmation of entry go to www.handycrossrunners.co.uk all enquiries to info@handycrossrunners.co.uk

You can also keep up to date with the race on Facebook. The page address is www.facebook.com/wycombehalfand10k

All proceeds, less race costs, to be donated to charity.

FIRST NAME: _____ SURNAME: _____

DOB: _____ AGE ON RACE DAY: _____ SEX: _____ M / F

ADDRESS: _____

POSTCODE _____ PHONE: _____

EMAIL: _____

*UK Athletics / ARC Affiliated Club Name: _____

Company Team Name: _____

Social Club Team Name: _____

I declare that on 10th July 2016 I will be over 15 years of age and I am an amateur as defined by UK Athletics rules and accept that neither the organisers nor the sponsors shall be liable for any accidents, injury, loss or damage whatsoever as a result of my participation in the event. I certify that I will only participate if medically fit to do so. I understand that my entry is subject to the organiser's discretion and that after acceptance and in the event of cancellation the entry fee is not refundable. I agree not to use a MP3 players or an iPod or wear headphones whilst participating in the race.

SIGNATURE: _____ DATE: _____

Data Protection Act 1998: I agree to my personal details, submitted with this entry form, being held on a computer for all purposes relating to this event & to other events organised by Handy Cross Runners

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**Grant
& Stone**
www.grantandstone.co.uk





**Come and run the all
new, multi-terrain**



**Grant & Stone Wycombe Half Marathon
SUNDAY 10th JULY 2016: 9.30 a.m.**

WYCOMBE WANDERERS FC, ADAMS PARK, HIGH WYCOMBE, BUCKS
(Permit Number ARC 16/139)

RACE NUMBERS MUST BE COLLECTED FROM RACE HEADQUARTERS ON THE DAY.

Prizes for various categories as well as team prizes (4 to score)

NO TEAM ENTRIES ACCEPTED ON THE DAY & NO FINISHER IS ELIGIBLE TO WIN MORE THAN ONE PRIZE

Commemorative Medal, T Shirt & Goody Bag to all finishers.

Full results will be available at www.handycrossrunners.co.uk as soon as possible after the race

Entry Fees:	£ 24 Non Affiliated	Minimum Age:	17 Years
	£ 22 *Affiliated	Entry Limit:	2000
	£ 30 On the Day	Closing Date	6th July 2016 (will be extended if required)

Cheques should be made payable to **Handy Cross Runners** & sent with your entry form to:
Handy Cross Runners, c/o 2 Lines Road, Lane End, High Wycombe, Bucks, HP14 3LH
Alternatively enter online via Sports System and Runners World.

Applications will not be acknowledged

For confirmation of entry go to www.handycrossrunners.co.uk all enquiries to info@handycrossrunners.co.uk
You can also keep up to date with the race on Facebook. The page address is www.facebook.com/wycombehalfand10k

All proceeds, less race costs, to be donated to charity

FIRST NAME: _____ **SURNAME** _____

DOB: _____ **AGE ON RACE DAY:** _____ **SEX:** M / F

ADDRESS: _____

POSTCODE _____ **PHONE:** _____

EMAIL: _____

***UK Athletics / ARC Affiliated Club Name:** _____

Company Team Name: _____

Social Club Team Name: _____

I declare that on 10th July 2016 I will be over 17 years of age and I am an amateur as defined by UK Athletics rules and accept that neither the organisers nor the sponsors shall be liable for any accidents, injury, loss or damage whatsoever as a result of my participation in the event. I certify that I will only participate if medically fit to do so. I understand that my entry is subject to the organiser's discretion and that after acceptance and in the event of cancellation the entry fee is not refundable. I agree not to use a MP3 players or an iPod or wear headphones whilst participating in the race.

SIGNATURE: _____ **DATE:** _____

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